

The Qahal



NEXT MONTH'S NEWSLETTER

If you have an article or picture that you would like to be featured in a future newsletter, please send your submission(s) to TorahTora@proton.me

תּוֹדָה

Hebrew Word of the Month— Todah meaning thanksgiving

By Olivia

The Hebrew word of this month is todah, (תּוֹדָה) which means thanksgiving! It is a great reminder that we should always give thanks to Yah. Do you kids remember how at Camp Echad, some people spoke about having joy in all circumstances? In 1 Thessalonians 5:16-18 it says, "Rejoice evermore. Pray without ceasing. In every thing give thanks: for this is the will of God in Christ Jesus concerning you."

Just like joy, we need to have Yah's praise perpetually on our lips (Psalms 32:1). Even when things get difficult, we can give thanksgiving to Yah, because, as Psalms 46:1 says, "Yah is our refuge and strength, a very present help in trouble." Now go out and give praise to the Most High!

Camp Echad

by Elaina

Camp Echad this year was a big success. Everyone got to have a great time playing with friends doing activities, and some of the adults gave great Bible studies on this year's theme, Joy!

The group also got to play at a splashpad, go fishing in the Clifton's pond, and go hiking in Jamestown. Every day began with a yummy breakfast and Bible study, and wrapped up with Starlight Dancing and/or a campfire.



Psalm 107:1 ~ "Oh give thanks to the Lord, for he is good, for his steadfast love endures forever!"



Additionally, with the help of Cold Front Cody, the kids filmed a weather report every day, praising YAH for the great weather and reading a Bible verse to go with it. You can find them on the Berean Echad Ministries channel on YouTube, so be sure to check them out!



Camp Echad Cont.



The Shalom Y'all Show

by Tracy

I don't know if y'all have heard – but there is a new show in town – The Shalom Y'all Show! This is a new project that Shalom Studios is working on. The idea that we have is to create short videos that spread the Word, teach some Torah, and have a lot of fun!

We debuted with Weather With the Ruach Hakodesh. If you haven't seen these clips yet, then head on over to our YouTube to check them out!
(<https://www.youtube.com/@BereanEchad>)

We plan to meet at the park on July 7th to film some new



1 Corinthians 16:14~ *Let all that you do be done in love.*

sketches (Roberta Dross Painting, Unleavened Humor!, Alef-Bet Lessons, Felt Board Stories, and more!) The kids have a lot of great ideas and we are working to bring them to life!

In addition to filming for the Shalom Y'all Show, we will also be continuing with our concrete lessons.

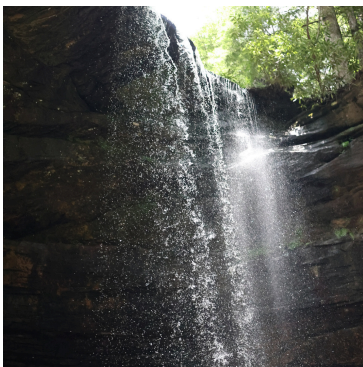


The Shalom Y'all Show Cont.

Last time we met, we learned about the different components of concrete: aggregate, sand, cement, water, and air. They made their own mixes by substituting elmer's glue for the cement. We will be taking a look at our dried product at this next meeting to see if it resembles concrete at all. After that, we will talk about the tensile and compressive strength of concrete and discuss how to overcome the major weakness concrete has.



Psalm 107:1 ~ "Oh give thanks to the Lord, for he is good, for his steadfast love endures forever!"



We won't be working with cement just yet, but will be using plaster instead to experiment with different creative reinforcement. We will hopefully have a few more meetings to go over more fun facts about concrete, talking especially about how Faith is like Concrete (Cody, A-1 Concrete).



Berean Echad Pictures

Here are some fun photos from this past month! Be sure to send me photos that you take in July to be included in August newsletter!



***Psalm 119:105~
Your word is a lamp to my feet
and a light to my path.***





photo by Livvie

What's your name?

Elena Grijalva

How old are you?

14 years old

What's your favorite feast and why?

My favorite feast is Sukkot/Feast of Tabernacles because it's nice to be around other people and have a good time.

What's your favorite thing to do on that feast?

I like to talk with friends, sleep in a tent, and play outside.

What's your favorite Bible verse?

Psalm 23:4:

"Even though I walk through the valley of the shadow of death,

I will fear no evil,
for you are with me;
your rod and your staff,
they comfort me."

It helps me in tough times.

What's your favorite Bible story?

The story of King David is my favorite. I like how interesting the story is, when he's running away from Saul and fighting his son Absalom.

What's your best joke?

Why is 6 afraid of 7?
Because 7-8-9, get it?

What are your favorite things to do in the summer?

Climbing up mountains and trees.

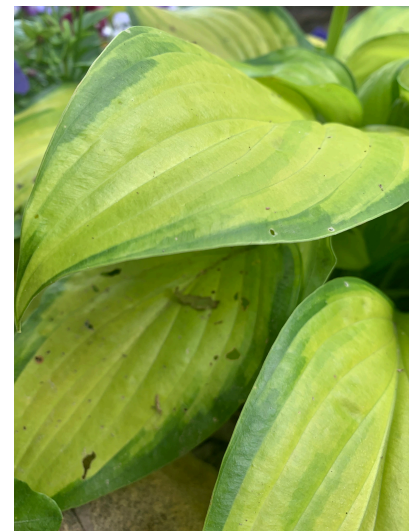


photo by Hanna



photo by Hanna

Wild Perennial Flowers

by Kate Coffelt

Due to my lack of gardening skills, I have been excited to learn more about edible and medicinal wild plants as YAH's incredible provision. Even better, He has built into some wild plants beautiful blooms that return season after season. The plan for my flower beds, which I found neglected and unproductive when I moved here, is to encourage hardy, drought-tolerant perennial flowers that will ultimately spread and take care of themselves... and give me lovely cut bouquets as a gift! I'm well into the second year of the plan, and learning a lot.

For me, dividing and transplanting healthy plants is more successful than planting seeds. I find it's all about making the roots happy... a spacious new hole and a few weeks of daily watering until the roots have found their comfort zone seems to work. (After that, they're pretty much on their own- LOL!) Chopping off most greenery up top helps to reduce the work load, so roots can concentrate on getting reoriented rather than forcing up flowers. If I can keep the roots happy for the season, I'm finding that the plant springs up fresh after over-wintering; ready to show off.

Following are some winning 'wild flowers' I've found through my short experience. I am including pictures from my garden beds, but it has been a hard rain of late so the lovelies are a bit beaten about.

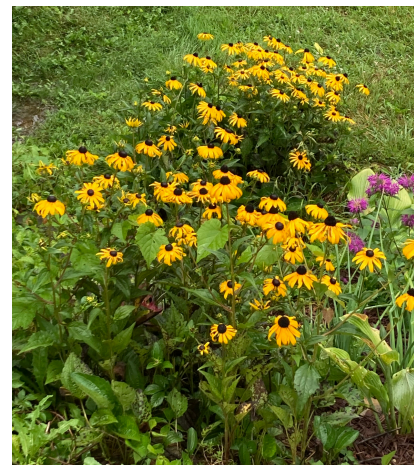
Prize Winners...

Blanket flower is my new best friend!! Firstly, the seeds are sometimes willing to sprout even considering my 'fail' rate in that skill set, and I much appreciate that! And more- they are nicely holding their own in the most unfriendly soil in my garden bed. Woot! They make a very nice spreading mound of high foliage and gorgeous sturdy flowers... about 2-3'H and an asset to any bouquet. They seem easy to divide and transplant, and plants came back from last year with some extras. Also has medicinal uses. Check them out!



Blanket Flower

Black-eyed Susan has always been a favorite of mine. I've written in past articles about the impressive medicinal uses of 'rudbeckia', but it is also such a sweetheart in the flower garden! Long blooming spreading clumps of bright flowers... what's not to love? Another huge winner as a cut flower, and comes back year after year (with some additional volunteer bunches if you allow the seedheads to overwinter, which wildlife loves ;)



Black-eyed Susan

Wild Perennial Flowers Cont.

Coreopsis might fool you into thinking it's just a dainty thing, what with its pretty long-leafed stems and lovely ruffled yellow petals, but it is a trooper that will not be vanquished by unrelenting sun or drought. A clump lived here before me in a rocky corner where nothing else would even want to grow. I finally wised up to the goal that helping it spread into other spots would be a win/win. Also medicinal!



Coreopsis

They have gone to seed. My bad. I will trim back soon and trust they will revive. The garden flowers and I are all trying to get in rhythm and it doesn't help I'm lazy about it, but.. better each year :)



Yarrow

Coneflowers are also doing well for me... purple... and white (who knew?) Obviously medicinal, gorgeous in bouquets, and looking healthier than ever this second season! They are winners.



Coneflowers

Shasta Daisy is a behemoth! The flowers are so sturdy and pretty, and easy to transplant. Also medicinal. It's a hybrid from wild oxi-daisies, which also have quite an enthusiastic presence in my beds. Oxi-daisy flowers are cute and the foliage is cute too, so I let them have their way. Also medicinal.



Shasta Daisy

Honorable Mentions...

Yarrow is on every list of drought tolerant flowers. It has feathery greens with a canopy of floating flowers, has been easy to transplant and multiplies quickly by root and seed. Well-known for medicinal qualities. (It's my first year for a real crop, and I haven't cut back or dead-headed as needed.

Wild Perennial Flowers Cont.

Bee Balm is just hitting its stride after a transplant which took a year to get comfortable. Such pretty flowers! Plus, the flowers are sturdy enough for bouquets and the butterflies seem to love them. Also medicinal. (Picture included, but blooms kinda spent.)



Bee Balm

Marsh Mallow is an impressive fast growing tall 'bush' with lovely flowers and pretty (very medicinal) leaves. Roots transplant easily. Picture shows my attempt at a hedge... we'll see. Might have been a contender for a winning ribbon, but I learned the hard way it can suffer from a fungus... so had to chop my most impressive specimen back to the ground last week. Harrumph. Still, I'm hoping we can be friends through the years.

Praise YAH for His beautiful provision!



Marsh Mallow

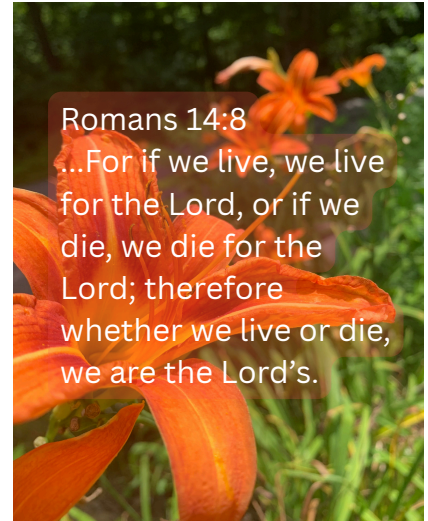


photo by Hanna